

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Illustrated

Muslim Prayer Handbook

For Beginners

How to Pray تعليم الصلاة

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Distribute this book in the way of Allah. Make it a sadaqah-e-jariyah on behalf of your loved ones.

❶ Cleanliness Of The Body And Clothes

طهارة الجسم و الثياب

Islam lays great emphasis on cleanliness of the body and attire. Allah says:

❶ "...And Allah loves those who make themselves clean and pure." [9:108]

❷ "They ask you concerning menstruation. Say: It is a harmful thing (for a husband to have intercourse with his wife during her menses), therefore keep away from women during menses and go not unto them till they are purified (from menses and have taken a bath). And when they have purified themselves, then go in unto them as Allah has ordained for you. Truly Allah loves those who turn unto Him in repentance and loves those who purify themselves." [2:222]

❸ "And purify your garments!" [74:4]

Further References: Read Tafseer of [5:6], [74:1-4].

Note: It is forbidden to have intercourse with your wife during menstruation. Not only is it a major sin, but it may also lead to serious diseases.

The Prophet (ﷺ) said :

❶ "Cleanliness is half of faith." الطهور شرط الأيمان

❷ After passing urine, remain in the toilet until such time that you are sure that all the urine has been discharged.

❸ One should not use his/her right hand while cleaning his/her private parts. (Bukhari)

❶ Do not talk while passing urine or while in the washroom. Allah gets angry at such a behaviour. (Muslim)

❷ The Prophet (ﷺ) said to Umar bin Khattab(رضي الله عنه) "O Umar, do not pass (urine) while standing." Umar bin Khattab(رضي الله عنه) narrated: "After this I never passed urine while standing"(Tirmidhi & Ibne- Majah)

Cleanliness is also essential for prayer. The basic requirements for prayer are:

- ★ Cleanliness of the body
- ★ Cleanliness of the dress
- ★ Cleanliness of the place where prayer is offered

When a non-muslim accepts Islam, the first thing he/she must do is take a bath to purify his/her body, after which he/she must give Shahadah(شهادة).

The Prophet (ﷺ) said:"The key to Paradise is prayer, and the key to prayer is cleanliness"(Ahmed)

Du'a To remain steadfast as a Muslim الدعاء للثبات على الدين

رَبَّنَا لَا تُزِغْ قُلُوبَنَا بَعْدَ إِذْ هَدَيْتَنَا وَهَبْ لَنَا مِنْ لَدُنْكَ رَحْمَةً إِنَّكَ أَنْتَ الْوَهَّابُ

Rabbanaa laa tuzigh quloobanaa ba'da idh hadaytanaa wa hab lanaa minl Ladunka Rahmatan innaka Antal wahhaab.

"Our Lord, Cause not our hearts to stray after You have guided us and bestow upon us mercy from Your presence. Lo! You, only You are the Bestower." [3:8]

② The importance of Prayer

اهمية الصلاة

Prayer is the most important pillar of Islam.
Allah says:

① "...Verily, As-Salat (Prayer) is enjoined on the believers at fixed hours." [4:103]

② "Guard strictly As-Salawat (five daily obligatory Prayers), especially the middle Prayer (i.e. Asr Prayer). And stand before Allah with obedience (during Prayer)" [2:238]

Prayer is obligatory on every Muslim. It has to be offered under all circumstances, as long as one is conscious; even in sickness, travel, or on a deathbed. It can be offered standing, sitting, lying down, or with signs (indications) depending on one's circumstances. Furthermore, it has to be offered at prescribed times.

Note: All other obligations have relaxations. For example, Fasting can be postponed during illness and Zakat and Hajj are not applicable on the poor.

Du'a To overcome enemies الدعاء للفتية على العدو

رَبَّنَا اغْفِرْ لَنَا ذُنُوبَنَا وَإِسْرَافَنَا فِي أَمْرِنَا وَثَبِّتْ أَقْدَامَنَا
وَانصُرْنَا عَلَى الْقَوْمِ الْكَافِرِينَ

Rabbanaghfir lanaa dhunubana wa israafanaa fee amrinaa wa thabbit aqdaamanaa wan surnaa alal qawmil kaafireen.

"..Our Lord! Forgive us our sins and our transgressions, establish our feet firmly, and give us victory over the disbelieving people." [3:147]

③ Ablution الوضوء

Before offering prayer, one must clean oneself by doing Ablution. Allah says :

“O you who believe! When you intend to offer prayer, wash your faces and your hands up to the elbows, rub (pass wet hands over) your heads and (wash) your feet up to the ankles...” [5:6]

Note: Wash elbows and ankles as well. (Tafsir Ibn Kathir)

How to perform Ablution كيفية الوضوء

The Prophet (ﷺ) used to clean his mouth and teeth with As-siwak (السواك = Miswak = a stick of a tree) before starting ablution for every prayer and whenever he got up at night for Tahajjud Prayer (صلاة التهجد). (Bukhari)

① Before performing Ablution say:

Bismillaah. بِسْمِ اللّٰهِ

“(I begin) with the name of Allah.”

② Wash both hands including the wrists. (3 times)





**3 Rinse the mouth.
(3 times)**

**4 Sniff water into the nostrils
& blow it out... (3 times)**



**5 Wash the face completely.
(3 times)**



6 Wash both hands including the elbows, starting with the right hand first..... (3 times)



7 Pass wet hands over the head and rub (with wet fingers) the inside and outside of both ears.



8 Wash both feet including the ankles, starting with the right foot first. (3 times)



Note: Do not wash the parts of the body more than 3 times as it is wastage of water.

After completing ablution, read the following :

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ
لَهُ وَ أَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

Ash-hadu anl-laa ilaaha illAllaahu wahdahu laa shareeka Lahu wa ash-hadu anna Muhammadan abduhu wa Rasooluh.

"I bear witness that there is no god but Allah , Who is One and has no partners and I bear witness that Muhammad is His servant and His Messenger."(Muslim)

الدعاء، للاحاق بالصالحين Du'a To be part of the righteous people

رَبِّ هَبْ لِي حُكْمًا وَ الْحِقْنَى بِالصّٰلِحِيْنَ ﴿٢٦﴾ [26:83]

Rabbi hab Lee hukmanw wa Al-hiqnee bis-saaliheen.

"Our Lord! Bestow wisdom on me, and join me with the righteous."

فَاطَرَ السَّمٰوٰتِ وَ الْاَرْضِ اَنْتَ وٰلِيّ فِى الدُّنْيَا
وَ الْاٰخِرَةِ تَوَفَّنِيْ مُسْلِمًا وَ الْحِقْنَى بِالصّٰلِحِيْنَ ﴿١٢١﴾

Faatrissamaawaati wal ard. Anta waliyee fid-dunyaa wal aakhirati tawaffani muslimanw wa alhiqnee bissaaliheen.

"...Creator of the Heavens and the Earth! You are my Guardian (and Protector) in this world and in the Hereafter. Make me die as a Muslim, and join me with the righteous." [12:101]

رَبَّنَا فَاعْفُرْ لَنَا ذُنُوبَنَا وَ كَفِّرْ عَنَّا سَيِّئَاتِنَا وَ تَوَفَّنَا مَعَ الْاَبْرَارِ ﴿١٩٣﴾

Rabbanaa faghfirlanaa dhunoobanaa wakaffir annaa saiyaatinaa wa tawaffanaa Ma-alabraar.

"...Our Lord! Forgive us our sins, and expiate from us our evil deeds, and make us die (in a state of righteousness) along with the righteous." [3:193]

4 How to Perform Prayer *كيفية الصلاة*

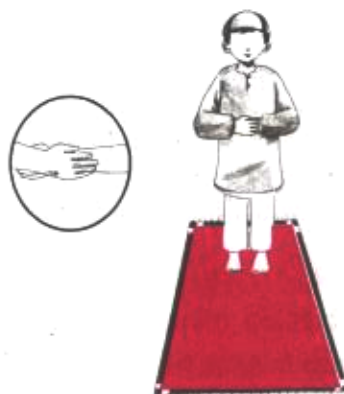
- 1 Stand up straight, facing the Qiblah (The Kaaba in MAKKAH). Keep your feet directed towards the Qiblah.
- 2 If offering a congregational prayer, make sure that both feet and shoulders touch your companions' feet and shoulders respectively, on either side. (Bukhari)
- 3 Make an intention of offering the prayer you wish to perform, e.g. Zuhr, Asr, etc., Fard or Sunnah.

- 4 Raise both hands up to the ears, with fingers stretched out and palms facing the Qiblah. Say Allaahu Akbar **الله أكبر** (Allah is the Greatest). This is known as Takbir Tahrimah (تكبير تحریمه). Look down towards the place of prostration (سجده).

Now your prayer has started.



- 5 Place your right hand over your left and put them together either on your chest or below your chest.



دعاء الاستفتاح *The Beginning invocation*

⑥ After Takbir Tahrimah, read one or both of the following invocations quietly :

① اللَّهُمَّ بَاعِدْ بَيْنِي وَبَيْنَ خَطَايَايَ كَمَا بَاعَدْتَ بَيْنَ الْمَشْرِقِ وَالْمَغْرِبِ اللَّهُمَّ نَقِّنِي مِنَ الْخَطَايَا كَمَا يُنَقَّى الثَّوْبَ الْأَبْيَضُ مِنَ الدَّنَسِ اللَّهُمَّ اغْسِلْ خَطَايَايَ بِالْمَاءِ الثَّلْجِ وَالْبَرَدِ

Allaahumma baa'id baynee wa bayna khataayaaya kamaa Baa'at-ta baynal mashriqe walmaghrib. Allaahumma naqqinee minal khataayaa kamaa yonaqath -thawbul-abyadu minad-danasi, Allaahummaghsil khataayaaya bilmaa'i wath-thalji walbarad.

"O Allah, isolate me and my sins as You have separated the East from the West. O Allah, cleanse me of my transgressions as the white garment is cleansed of stains. O Allah, wash away my sins with water, frost and ice." [Bukhari]

② سُبْحَانَكَ اللَّهُمَّ وَبِحَمْدِكَ وَتَبَارَكَ اسْمُكَ
وَتَعَالَى جَدُّكَ وَلَا إِلَهَ غَيْرُكَ

SubhanakAllaahumma wa bihamdika, wa Tabaarakasmuka, wa Ta'aalaa jadduka, walaa ilaaha ghayruk.

"Glory be to You, O Allah and praise be to you. Blessed is Your Name and Exalted is Your Majesty. There is none worthy of worship but You." [Abu Dawood]

⑦ Then seek refuge with Allah from Satan by saying:

أَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ

Aoodhu billaahi minash-shaytanir-rajeem.

"I seek refuge in Allah from Satan, the outcast"

④ Then recite:

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillaahir-Rahmaanir-Raheem.

“In the name of Allah, the Most Gracious, the Most Merciful.”

④ Then recite Surah Al-Fatihah, the opening chapter of the Qur’an.
(Bukhari)

Surah Al-Fatihah سورة الفاتحة

أَلْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ ۝ الرَّحْمَنِ الرَّحِيمِ ۝ مَلِكِ يَوْمِ الدِّينِ ۝
إِيَّاكَ نَعْبُدُ وَإِيَّاكَ نَسْتَعِينُ ۝ اهْدِنَا الصِّرَاطَ الْمُسْتَقِيمَ ۝ صِرَاطَ
الَّذِينَ أَنْعَمْتَ عَلَيْهِمْ ۚ غَيْرِ الْمَغْضُوبِ عَلَيْهِمْ وَلَا الضَّالِّينَ ۝ (أَمِين)

Al-hamdu lillaahi Rabbil-aalameen. Ar-Ramaanir-Raheem.
Maaliki yaymid-deen. Iyyaaka na'budu wa iyyaaka nastaeen.
Ihdinas-siraatal-mustaqeem. Siraatal-ladheena an amta
alayhim, ghayril-maghdoobi alayhim wa lad-daaaleen. (Ameen)

“All the praises and thanks be to Allah, the Lord of the Worlds. The Most Gracious, the Most Merciful. The Only Owner of the Day of Judgement. You (alone) we worship and You (alone) we ask for help. Guide us to the straight Way, the way of those on whom You have bestowed Your Grace, not (the way) of those who earned Your Anger, nor of those who went astray. (Ameen).” [1:1-7]

④ Then recite any of the following Surahs or a few verses from the Qur’an. (Bukhari)

Surah Al-Ikhlās..... سورة الإخلاص

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillaahir Rahmaanir Raheem.

“In the name of Allah the Beneficent, the Merciful.”

قُلْ هُوَ اللَّهُ أَحَدٌ ① ۝ اللَّهُ الصَّمَدُ ② ۝ لَمْ يَلِدْ وَلَمْ
يُولَدْ ③ ۝ وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ ④

Qul huwAllaahu ahad. Allaahus-samad. Lam yalid wa lam yoolad. Wa lam yakunl Lahu kufuwan ahad.

"Say: He is Allah, the One. Allah, the Self Sufficient Master (Whom all creatures need). He begets not, nor was He begotten. And there is none comparable to Him!" [112:1-4]

Surah Al-Falaq..... سورة الفلق

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillaahir Rahmaanir Raheem.

"In the name of Allah the Beneficent, the Merciful."

قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ ۝۱ مِنْ شَرِّ مَا خَلَقَ ۝۲ وَمِنْ شَرِّ غَاسِقٍ إِذَا وَقَبَ ۝۳ وَمِنْ شَرِّ النَّفَّاثَاتِ فِي الْعُقَدِ ۝۴ وَمِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ ۝۵

Qul aoodhu birabbil-falaq. Min sharri maa khalaq. Wa min sharri ghaasiqin idhaa waqab. Wa min sharrin-naffaathaati fil-uqad. Wa min sharri haasidin idhaa hasad.

"Say: I seek refuge with (Allah), the Lord of the daybreak. From the evil of what He has created. And from the evil of the darkness when it is intense. And from the evil of those who practice witchcraft when they blow in the knots. And from the evil of the envier when he envies." [113:1-5]

Surah An-Naas..... سورة الناس

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillaahir Rahmaanir Raheem.

"In the name of Allah the Beneficent, the Merciful."

قُلْ أَعُوذُ بِرَبِّ النَّاسِ ۝۱ مَلِكِ النَّاسِ ۝۲ إِلَهِ النَّاسِ ۝۳ مِنْ شَرِّ الْوَسْوَاسِ الْخَنَّاسِ ۝۴ الَّذِي يُوَسْوِسُ فِي صُدُورِ النَّاسِ ۝۵ مِنَ الْجِنَّةِ وَالنَّاسِ ۝۶

Qul aoodhu Birabbin-naas. Malikin-naas. Ilaahin-naas. Min sharril waswaasil Khannaas. Alladhee yuwaswisu fee sudoorin-naas. Minal-jinnati wannaas.

"Say : I seek refuge with (Allah) the Lord of mankind. The King of mankind. The God of mankind. From the evil of the sneaking whisperer. Who whispers in the breasts of mankind. Of jinn and men." [114:1-6]

سورة الكافرون..... Surah Al-kafiroon

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillaahir Rahmaanir Raheem.

"In the name of Allah the Beneficent, the Merciful."

قُلْ يَا أَيُّهَا الْكَافِرُونَ ۝ لَا أَعْبُدُ مَا تَعْبُدُونَ ۝
 وَلَا أَنْتُمْ عِبُدُونَ مَا أَعْبُدُ ۝ وَلَا أَنَا عَابِدٌ مَّا عَبَدْتُمْ ۝
 وَلَا أَنْتُمْ عِبُدُونَ مَا أَعْبُدُ ۝ لَكُمْ دِينُكُمْ وَلِيَ دِينِ ۝

Qul ya ayyuhal kaafiroon. Laa a'budu maa ta'budoon. walaa antum aabidoon maa a'bud. Walaa ana aabidummaa abadum. Walaa antum aabidoona maa a'bud. Lakum deenukum wa liya deen.

"Say: O disbelievers! I worship not that which you worship. Nor will you worship that which I worship. And I shall not worship that which you are worshipping. Nor will you worship that which I worship. To you be your religion, and to me my religion." [109:1-6]

Note: The Prophet (ﷺ) used to recite Surah Al Kafiroon in the first rak'ah and surah Al-Ikhlis in the second rak'ah of the sunnah of Fajr (dawn) prayer (صلاة الفجر). (Muslim)

سورة العصر..... Surah Al-Asr

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Bismillaahir Rahmaanir Raheem.

"In the name of Allah the Beneficent, the Merciful."

وَالْعَصْرِ ۝ إِنَّ الْإِنْسَانَ لَفِي خُسْرٍ ۝ إِلَّا الَّذِينَ آمَنُوا

عَمِلُوا الصَّالِحَاتِ وَتَوَاصَوْا بِالْحَقِّ وَتَوَاصَوْا بِالصَّبْرِ ﴿١٠٣﴾

Wal asr. Innal insaana Lafee khusr. Illal la dheena amanoo wa amilus-saalihaate wa tawaasaw bil haqqe wa tawaasaw bissabr.

“By Al-Asr (the passage of time). Verily, man is in a state of loss. Except those who believe (in Islam) and do good deeds, and exhort one another to the truth, and exhort one another to patience.”[103:1-3]

While Bowing Down عند الركوع

11 Then say Allaahu Akbar (الله أكبر) and bow down in Ruku by placing your hands on both knees with fingers spread out. Make sure that your back and head are in one line, parallel to the ground.



12 Read thrice (or more, in odd numbers), either one or all of the following Tasbeeh, quietly :

1 سُبْحَانَ رَبِّيَ الْعَظِيمِ

Subhaana Rabbiyal-azeem.

“Glory be to my Lord the Exalted!” (Bukhari)

② سُبْحَانَكَ اللَّهُمَّ رَبَّنَا وَبِحَمْدِكَ اللَّهُمَّ اغْفِرْ لِي

SubhaanakAllaahumma Rabbanaa wa bihamdika
Allaahum-maghfir lee.

"Glory is to You, O Allah, our Lord and praise is for You.
O Allah, forgive me." (Bukhari)

③ سُبُّوْهُ قُدُّوْهُ رَبُّ الْمَلَائِكَةِ وَالرُّوْحِ

Subboohon, Quddoosun, Rabbul-malaa'ikati warrooh.

"Glory (to You), Most Holy (are You), the Lord of the angels and the
spirit." (Muslim)

عند الرفع من الركوع

- ⑬ Then Stand up straight while saying:

سَمِعَ اللَّهُ لِمَنْ حَمِدَهُ

Sami-Allaahu liman hamidah.

"Allah hears whoever praises Him." (Bukhari)

- ⑭ Then say :

رَبَّنَا وَلَكَ الْحَمْدُ حَمْدًا كَثِيرًا

طَيِّبًا مُبَارَكًا فِيهِ

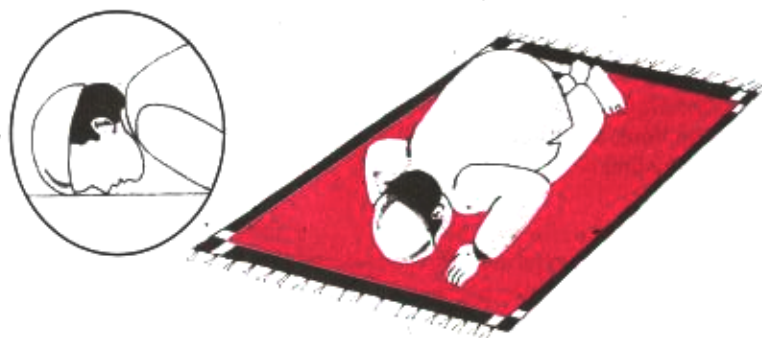
Rabbanaa wa Lakal-hamdu,
hamdan katheeran tayyibam
mubaarakan feeh.



"Our Lord, praise is Yours, in abundance, pure and blessed praise." (Bukhari)

During Prostration..... في السجود

15 Then while saying Allaahu Akbar (أَللّهُ أَكْبَرُ), bow down (prostrate) by placing your forehead, nose, both palms and knees on the ground. Keep your underarms open (away from your stomach). Place your hands in line with the shoulders and ears. Keep your fingers straight and together facing the Qiblah. Your toes should also be facing the Qiblah and should touch the floor.



16 Then read (thrice or more) any of the following quietly:

① سُبْحَانَ رَبِّيَ الْأَعْلَى

Subhaana Rabbiyal-a'laa.

"Glory is to my Lord, the Highest." (Tirmidhi)

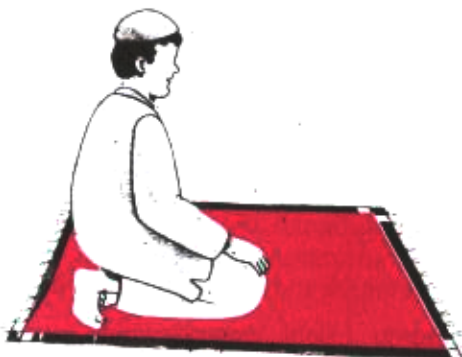
② سُبْحَانَكَ اللَّهُمَّ رَبَّنَا وَبِحَمْدِكَ اللَّهُمَّ اغْفِرْ لِي

SubhanakAllaahumma Rabbanaa wa bihamdika Allaahum-maghfir lee.

"Glory is to You, O Allah, our Lord and praise is Yours. O Allah, Please forgive me." (Bukhari)

Between two prostrations... بين السجدين

17 While saying Allahu Akbar (أَللّهُ أَكْبَرُ), raise your head and fold your left leg and sit on it. Keep your right foot standing upright with toes turned towards the Qiblah. Place your hands on your thighs.



18 Then, while sitting, read one or both of the following supplications:

① رَبِّ اغْفِرْ لِي رَبِّ اغْفِرْ لِي

Rabbighfir lee, Rabbighfir lee.

“My Lord, forgive me. My Lord, forgive me.” (Abu Dawood)

② اَللّٰهُمَّ اغْفِرْ لِيْ وَارْحَمْنِيْ وَاهْدِنِيْ وَاجْبُرْنِيْ

وَ عَافِنِيْ وَارْزُقْنِيْ وَارْقِنِيْ

Allaahum-maghfir lee, warhamnee, wahdinee, wajburnee, wa aafinee, warzuqnee, warfa'nee.

“O Allah, forgive me, have mercy on me, guide me, support me, protect me, provide provision for me and elevate me.” (Tirmidhi)

19 Then say Allaahu Akbar (اَللّٰهُ اَكْبَرُ) and prostrate again in the same way as before. Read the same Tasbeeh as in Step 16.

20 Then while saying Allaahu Akbar (اَللّٰهُ اَكْبَرُ), rise up and stand upright (for the second Rak'ah). Some scholars recommend that before standing one should sit for a moment. This is known as Jalsat-ul-Istirahah, (جلسة الاستراحة). (Bukhari)

21 Start the second Rak'ah by reciting Surah Al-Fatihah (step 9) and repeat all the actions of the first Rak'ah.

في التشهد ... *Invocation at At-Tashahhud*

22 At the end of Second Rak'ah, sit as you did between two prostrations (step17) and read Tashahhud as follows :

التَّحِيَّاتُ لِلَّهِ وَالصَّلَوَاتُ وَالطَّيِّبَاتُ السَّلَامُ عَلَيْكَ أَيُّهَا النَّبِيُّ وَرَحْمَةُ
اللَّهِ وَبَرَكَاتُهُ السَّلَامُ عَلَيْنَا وَعَلَىٰ عِبَادِ اللَّهِ الصَّالِحِينَ أَشْهَدُ أَنْ
لَا إِلَهَ إِلَّا اللَّهُ وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

Attahiyyaatu Lillahi was-salawaatu, wat-tayyibaatu, assalaamu alayka ayyuhan-nabiyyu wa rahmatullaahi wa barakaatuh. Assalaamu alaynaa wa alaa ibaadillaahis-saali heen. Ash-hadu anl-laa ilaaha illAllaahu wa Ash-hadu anna Muhammadan abduhoo wa Rasooluh.

"All greetings of humility and all prayers and goodness are for Allah. Peace be upon you, O Prophet, and the mercy of Allah and His blessings. Peace be upon us and upon the righteous servants of Allah. I bear witness that there is none worthy of worship but Allah and I bear witness that Muhammad is His servant and Messenger." (Bukhari

23 Then saying Allaahu Akbar (الله أكبر), stand up for the third Rak'ah. Do exactly as you did in the previous Rak'ah except that you do not need to read a Surah after Surah Al-Fatihah. If you are offering a four Rak'ah prayer, repeat the fourth Rak'ah like the third.

The Darood الصلاة على النبي ﷺ

After completing your third or fourth Rak'ah, sit down on the ground, on your left foot keeping the right foot upright (as in Step 17).

24 Then read the Tashahhud (See Step no. 22), and then send the blessings of Allah on the Prophet (ﷺ) by reading the following invocation:

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَىٰ آلِ مُحَمَّدٍ كَمَا صَلَّيْتَ عَلَىٰ إِبْرَاهِيمَ
وَعَلَىٰ آلِ إِبْرَاهِيمَ إِنَّكَ حَمِيدٌ مَّجِيدٌ

اللَّهُمَّ بَارِكْ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ كَمَا بَارَكْتَ عَلَى إِبْرَاهِيمَ
وَعَلَى آلِ إِبْرَاهِيمَ إِنَّكَ حَمِيدٌ مَجِيدٌ

Allaahumma salli alaa Muhammadinw- waalaa aali Muhammaden, kamaa Sallayta alaa Ibraaheema wa alaa aali Ibraaheema innaka hameedum majeed. Allaahumma baarik alaa muhammadenw-wa alaa aali muhammadin, kamaa baarakta alaa Ibraheema wa alaa aali Ibraaheema, innaka hameedum-majeed.

“O Allah, bestow Your favour on Muhammad and on the family of Muhammad as You bestowed Your favour on Ibrahim and the family of Ibrahim, You are the Most Praiseworthy, the Most Gracious. O Allah, bless Muhammad and the family of Muhammad as You have blessed Ibrahim and the family of Ibrahim, You are the Most Praiseworthy, the Most Gracious.” (Bukhari)

Invocations before Ending the prayer قبل السلام

25 Then read one or more of the following invocations, recommended by the Prophet (ﷺ):

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ عَذَابِ الْقَبْرِ وَمِنْ عَذَابِ جَهَنَّمَ
وَمِنْ فِتْنَةِ الْمَحْيَا وَالْمَمَاتِ وَمِنْ شَرِّ فِتْنَةِ الْمَسِيحِ الدَّجَالِ

Allaahumma innee aoodhu bika min adhaabil-qabri, wa min adhaabi jahannam, wa min fitnatel-mahyaa walmamaati, wa min shari fitnatel- maseehid-dajjaal.

“O Allah, I seek refuge in You from the punishment in the grave and from the punishment in the Hell-Fire and from the evil of life and death and from the evils of the trial of the False Messiah .” (Bukhari)

اللَّهُمَّ إِنِّي ظَلَمْتُ نَفْسِي ظُلْمًا كَثِيرًا وَلَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ

فَاغْفِرْ لِي مَغْفِرَةً مِّنْ عِنْدِكَ وَارْحَمْنِي إِنَّكَ أَنْتَ الْغَفُورُ الرَّحِيمُ

Allaahumma innee zalamtu nafsee zulman katheeranw wa laa yaghfirudh-dhunooba illaa Anta, faghfir lee maghfiratam min indika warhamnee innaka Antal-Ghafoorur-raheem.

“O Allah, I have greatly wronged myself. No one forgives sins but You. So grant me forgiveness and have mercy on me. Surely, You are the Most Forgiving, and the Most Merciful.” (Bukhari)

اللَّهُمَّ إِنِّي أَسْأَلُكَ الْجَنَّةَ وَأَعُوذُ بِكَ مِنَ النَّارِ

Allaahumma innee as'alukal-jannata wa aoodhu bika minan naar.

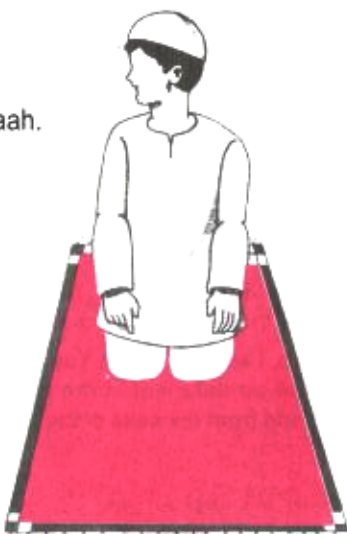
“O Allah, I beg You for Paradise and seek Your protection from the Fire.” (Abu Dawood)

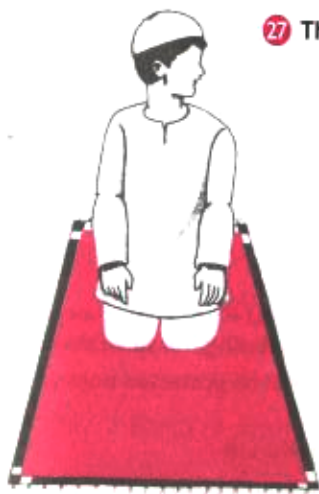
26 Then turn your face to the right side and say:

السَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ

As-salaamu alaykum wa rahmatullaah.

“(O, Men and Angels) Peace and mercy of Allah be on you.” (Abu Dawood)





27 Then turn your face to the left and say:

السَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ

As-salaamu alaykum wa rahmatullaah

“(O, Men and Angels) Peace and mercy of Allah be on you.” (Abu Dawood)

﴿ Now the prayer ends ﴾

Remembrances after prayer اذكار بعد الصلاة

After the prayer is over, you should praise Allah by saying the following thrice:

Allaahu-Akbar. اللَّهُ أَكْبَرُ

“Allah is the Greatest”. (Bukhari)

Astaghfirul-laah. أَسْتَغْفِرُ اللَّهَ

“I seek forgiveness of Allah.” (Muslim)

اللَّهُمَّ أَنْتَ السَّلَامُ وَمِنْكَ السَّلَامُ تَبَارَكْتَ يَا ذَا الْجَلَالِ وَالْإِكْرَامِ

Allaahumma Antas-salaamu wa minkas-salaamu, tabaarakta yaa dhal-jalaali wal-ikraam.

“O Allah, You are Peace and from You comes Peace. Blessed (Exalted) are You. O, Master of Majesty and Honour.” (Muslim)

اللَّهُمَّ أَعِنِّي عَلَى ذِكْرِكَ وَشُكْرِكَ وَحُسْنِ عِبَادَتِكَ

Allaahumma a'innee alaa dhikrika, wa shukrika, wa husni ibaadatik.

“O Allah, please help me to remember You, to thank you, and to perform Your worship in the best possible way.”

(Abu Dawood)

آية الكرسي Ayat - ul - Kursi

The Prophet (ﷺ) said: “Whoever reads Ayat-ul-Kursi after every obligatory prayer, nothing will stop him from entering Paradise”.(Nisai)

“If he reads it in the morning and evening, he will be protected from the evils of Satan”. (Hakim)

﴿The following verse [2:255] is called Ayat-ul-Kursi﴾

اللَّهُ لَا إِلَهَ إِلَّا هُوَ الْعَلِيُّ الْقَيُّومُ ۚ لَا تَأْخُذُهُ سِنَّةٌ وَلَا نَوْمٌ ۗ لَهُ مَا فِي السَّمَوَاتِ وَمَا فِي الْأَرْضِ ۗ مَنْ ذَا الَّذِي يَشْفَعُ عِنْدَهُ إِلَّا بِإِذْنِهِ ۗ يَعْلَمُ مَا بَيْنَ أَيْدِيهِمْ وَمَا خَلْفَهُمْ ۗ وَلَا يُحِيطُونَ بِشَيْءٍ مِنْ عِلْمِهِ إِلَّا بِمَا شَاءَ ۗ وَسِعَ كُرْسِيُّهُ السَّمَوَاتِ وَالْأَرْضَ ۗ وَلَا يَئُودُهُ حِفْظُهُمَا ۗ وَهُوَ الْعَلِيُّ الْعَظِيمُ

Allaahu laa Elaaha illaa Hoo. Alhayyul Qayyoom Laa ta'khudhuhu sinatun-walaa nawum Lahu maa fis-samaawaati wama fil-ard Man dhal-Ladhee yashfau indahu illaa bi idhnihee Ya'lamu maa bayna aydeehim wamaa khalfahum Walaa yuheetoonaa bishay'im min ilmihee illaa bimaa shaa'a Wasi'a kursiyyu hus-samaawaati wal ard Walaa yaooduhu hifzuhumaa Wa huwal Aliyyul Azeem.

“Allah! None has the right to be worshipped but He, the Ever Living, the Sustainer, Neither slumber nor sleep overtakes Him. To Him belongs whatever is in the heavens and whatever is on the earth. Who is he that can intercede with Him except with His permission? He knows what happens to them (His creatures) in this world, and what will happen to them in the Hereafter. And they will never compass anything of His knowledge except that which He wills. His Throne extends over the heavens and the earth, and He feels no fatigue in guarding and preserving them. And He is the Most High, the Most Great.” [2: 255]

5 The Witr (The Last Night Prayer) صلاة الوتر

Aisha (رضي الله عنها) said, "The Prophet (ﷺ) used to offer his night prayer while I was a sleep. Whenever he intended to offer it, he would wake me up and I would offer the Witr prayer too". (Bukhari)

The Prophet (ﷺ) said: "Your last prayer should be the Witr Prayer (صلاة الوتر)." (Muslim)

كيفية صلاة الوتر How to pray Witr Prayer

You should offer 3 Rak'aat (ركعات) Witr prayer after Isha prayer. There are 3 ways to offer it:

- ❶ Offer 2 Raka'at and after that perform one more Rak'ah. (Ibn Hibban)
- ❷ Offer all the 3 Raka'at together without sitting after the second Rak'ah. (Tirmidhi)
- ❸ Offer 3 Raka'at like Maghrib. (Ibn-e-Abee Shabah)

Read one of the following supplications (Qunoot قنوت) before or after going to Ruku in the last Rak'ah: (Nisai)

❶ اللَّهُمَّ إِنَّا نَسْتَعِينُكَ وَنَسْتَغْفِرُكَ وَنُؤْمِنُ بِكَ وَنَتَوَكَّلُ عَلَيْكَ وَنُثْنِي
عَلَيْكَ الْخَيْرَ وَنَشْكُرُكَ وَلَا نَكْفُرُكَ وَنَخْضَعُ لَكَ وَنَخْلَعُ وَنَتْرُكُ مَنْ يَفْجُرُكَ
اللَّهُمَّ إِنَّا كَ تَعْبُدُ وَلَكَ نُصَلِّي وَنَسْجُدُ وَإِلَيْكَ نَسْعَى وَنَحْفِدُ نَرْجُوا
رَحْمَتَكَ وَنَخْشَى عَذَابَكَ إِنَّ عَذَابَكَ بِالْكَفَّارِ مُلْحِقٌ... (سنن البيهقي)

Allaahumma innaa nastae nuka wa nastaghfiruka wa nu'minu bika wa natawak-kalu alayka, wa nuthnee aalaykal-khayra, wa nashkuruka, wa laa nakfuruka, wa nakhda'u Laka wa nakhla'u wa natruku many-yafjuruka. Allaahumma iyyaka na'budu, wa laka nusallee wa nasjudu wa ilayka nas'aa, wa nahfidu narjoo rahmataka wa nakhshaa adhaabaka, inna adhaabaka bil kuffaare mulhiq.

“O Allah, we seek Your help and request Your forgiveness and believe and trust in You and we praise You in the best manner and we thank You and we are not ungrateful to You, we also abandon and reject anyone who disobeys You. O Allah, we worship nothing but You, and we perform prayers for You, we Prostrate to You, and we hope for Your mercy and we fear Your punishment. Your punishment surely overtakes the disbelievers.” (Baihaqi)

﴿۲﴾ اللَّهُمَّ اهْدِنِي فِيمَنْ هَدَيْتَ وَعَا فِينِي فِيمَنْ عَا فَيْتَ وَتَوَلَّنِي فِيمَنْ تَوَلَّيْتَ وَبَارِكْ لِي فِيمَا أَعْطَيْتَ وَقِنِي شَرَّ مَا قَضَيْتَ فَإِنَّكَ تَقْضِي وَلَا يُقْضَى عَلَيْكَ إِنَّهُ لَا يَدُلُّ مَنْ وَالَيْتَ وَلَا يَعِزُّ مَنْ عَادَيْتَ تَبَارَكْتَ رَبَّنَا وَتَعَالَيْتَ (ترمذی)

Allaahumma hdeenee feeman hadayt. Wa afinee feeman aafayt. Wa tawallanee feeman tawallayt. Wa baarik Lee feema a'tayt. Wa qinee sharra maa qadayt. Fa innaka taqdee wa laa yuqdaa alayk. Innahu laa yadhilla manw-waalayta, wa laa ya izzu man aadayt. Tabaarakta Rabbanaa wa ta'aalayt.

“O Allah, please guide me like those whom You have guided and give me peace like those whom You have given peace. Become my guardian like those for whom You have become guardian. Bless me in what You have bestowed. Protect me from the evil You have ordained. Surely You give command and nothing can be commanded against You and none whom You have taken to Your care, shall be humiliated and none whom You have taken as Your enemy, shall be honored. You are Blessed, Our Lord, and Exalted.” (Tirmidhi)

After the Witr prayer بعد الوتر

Recite the following supplication thrice after the Witr prayer:

سُبْحَانَ الْمَلِكِ الْقُدُّوسِ (نسانی)

Subhanal-Malikul-Qudoos.

“How perfect is The King (Allah), the Holy One.” (Nisa'i)

6 Friday Prayer..... صلاة الجمعة

Friday prayer is obligatory on every Muslim. It is the prayer at mid-day and includes a Khutbah (sermon). Allah says in the Holy Qur'an :

"O you who believe! When the call is proclaimed for the prayer on Friday (Jumu'ah prayer), come to the remembrance of Allah and leave off business (and every other thing). That is better for you if you did but know."
[62:9]

Preparation for Friday Prayer

الاستعداد لصلاة الجمعة

Allah's Apostle (ﷺ) said, "Taking a bath on Friday is highly preferable for every Muslim who has attained the age of puberty." (Bukhari)

Note: It is a good idea to put on clean clothes, use perfume and proceed to the mosque as early as possible, preferably much before the Adhan.

كيفية صلاة الجمعة

The Friday prayer is composed of a Khutbah (sermon) and two Rak'ah prayer. The Imam delivers the sermon which includes the praise to Allah, salutation for the Prophet (ﷺ) and Islamic education for the congregation. The sermon consists of two parts divided by the sitting of the Imam. The sermon should be short and comprehensive.

Note: During the sermon, the congregation is required to listen attentively. Talking during the sermon is forbidden. Do not sit in the MASJID unless you pray two Rak'at (تحية المسجد) , even if the Imam is delivering the sermon.(Bukhari and Muslim)

🕋 How To Get The Highest Reward From Prayer

كيف نستزيد اجر صلاتنا

When we pray, we may receive full or less than full reward for it. In order to achieve full reward, our prayer must be in accordance with the Qur'an and Sunnah. Allah says in the Holy Qur'an:

أَلَّذِينَ هُمْ فِي صَلَاتِهِمْ خِشْعُونَ ۝

Al-ladheena hum fee salaatihim khaashioon.
“(Successful indeed are the believers) Those who offer their prayers with humbleness and full submissiveness.”[23:2]

وَالَّذِينَ هُمْ عَلَى صَلَاتِهِمْ يُحَافِظُونَ ۝

Wal-ladheena hum alaa salaatihim yuhafidhoon.
“And those who guard their prayers well. (Such shall dwell in Paradise, honoured)”[70:34]

Note: Guarding your prayer means never missing any prayer and offering them at the prescribed times.

إِنَّ الصَّلَاةَ كَانَتْ عَلَى الْمُؤْمِنِينَ كِتَابًا مَّوْقُوتًا

Innas-salaata kaanat alal-mu'mineena kitaabam-mawqataa.
“...Verily, prayer is enjoined on the believers at fixed hours.” [4:103]

On the other hand if we do not pray according to the Quran and the Sunnah of the Prophet (ﷺ) then we may lose the entire reward of the prayer. Allah says :

فَوَيْلٌ لِلْمُصَلِّينَ ۖ الَّذِينَ هُمْ عَنْ صَلَاتِهِمْ سَاهُونَ ۝

Fawaylul-lil musalleen. Al-ladheena hum an salaatihim sahoon.

“So, woe unto those performers of prayers. Those who delay their prayers.”[107:4-5]

8 *Unaccepted Prayer الصلاة المردودة*

The Prophet of Allah (ﷺ) entered the MASJID and saw a man praying in a hurry. After praying he came to the Prophet (ﷺ) and said, "Assalamu Alaikum." The Prophet (ﷺ) said to him, "Walikum Assalam, Go back and pray again, as you have not prayed." The man prayed the same way again and came to greet the Prophet (ﷺ). The Prophet (ﷺ) replied to his greeting and said to him, "Go back and pray again, as you have not prayed." It happened three times. Finally the man said "By Allah, who sent you with the truth, I do not know any better than this, so please teach me." He (ﷺ) said, "When you stand for the prayer, say Takbeer and then recite whatever is easy for you from the Qur'an, then bow until you feel at ease in Ruku, then raise your head and stand up straight until your back is straight and then prostrate and remain in this position until you feel at ease in Sajdah, then sit with calmness until you feel at ease (and then go to the second Sajdah), and do likewise in all your prayers." (Bukhari)

It is clear from the above Hadith that the man's Qiam (قيام), Ruku (ركوع), and Sujud (سجود) were not good enough. That was the reason why the Prophet (ﷺ) asked him to repeat his prayer again and again. If we also pray in a rush, our prayers will become unacceptable and we will have to repeat them.

Therefore, we should offer our prayers calmly and without any rush. On an average, we should take at least 2 minutes per Rak'ah when praying.

How to test our prayer

كيف نختبر كيفية صلاتنا

Prayer protects us from engaging in evil acts. Therefore, a simple test to see whether our prayers are successful is by noting if our prayer has restrained us from committing haram, shameful and evil deeds.

Further references: [2:221], [4 :103], [6 : 92], [19: 59], [23:2] , [23:9-11] , [29:45] , [62:6], [70:34] and [72:23].

Common Mistakes in Prayer

اخطاء عامة في الصلاة

- ① Not following the Imam while praying in congregation, (جماعة) : Do not proceed (i.e. move) before or at the same time as the Imam. Go two or three seconds after him. Do not delay too much either. (Muslim)
- ② Standing too far away from others in prayer: Join your shoulders and feet with both brothers on either side of you. (Bukhari)
- ③ Offering Sunnah prayer when Congregational prayer begins: Dont start Sunnah prayer in a MASJID if the congregational prayer is about to begin. The Prophet (ﷺ) said: "There is no prayer when the congregational prayer starts". (Muslim)

Ways to improve our prayer كيف نحسن صلاتنا

- ① Stand before Allah with obedience and humbleness during prayer.
- ② Remember that your prayer is closely watched by Allah the Almighty.
- ③ Pray as if it is your last prayer. (Ibn Maja)

⑨ The Prayer Before Making An Important Decision

صلاة الاستخارة

Istikhara means to ask Allah for guidance in making the right decision about a task at hand. The Prophet (ﷺ) taught the Istikharah prayer just like he taught the obligatory prayer. He (ﷺ) said, "If anyone thinks of doing a job (a task) he should offer two Rak'at as Istikharah prayer, other than the compulsory prayer, and then read the following supplication." (Bukhari)

اَللّٰهُمَّ اِنِّىْ اَسْتَخِيْرُكَ بِعِلْمِكَ وَاسْتَقْدِرُكَ بِقُدْرَتِكَ وَاسْأَلُكَ مِنْ
فَضْلِكَ الْعَظِيْمِ فَاِنَّكَ تَقْدِرُ وَلَا اَقْدِرُ وَتَعْلَمُ وَلَا اَعْلَمُ وَاَنْتَ
عَلَّامُ الْغُيُوْبِ اَللّٰهُمَّ اِنْ كُنْتَ تَعْلَمُ اَنَّ هَذَا الْاَمْرَ خَيْرٌ لِّىْ فِى
دِيْنِيْ وَمَعَاشِيْ وَعَاقِبَةِ اَمْرِيْ فَاقْدُرْهُ لِيْ وَيَسِّرْهُ لِيْ ثُمَّ بَارِكْ لِيْ
فِيْهِ وَاِنْ كُنْتَ تَعْلَمُ اَنَّ هَذَا الْاَمْرَ شَرٌّ لِّىْ فِىْ دِيْنِيْ وَمَعَاشِيْ وَ
عَاقِبَةِ اَمْرِيْ فَاصْرِفْهُ عَنِّيْ وَاَصْرِفْنِيْ عَنْهُ وَاَقْدِرْ لِيْ الْخَيْرَ حَيْثُ
كَانَ ثُمَّ اَرْضِنِيْ بِهِ

Allaahumma innee astakheeruka bi'ilmika, wa
astaqdiruka biqudratika, wa as'aluka min
fadlikal-Azeem. Fa innaka taqdiru wa laa aqdiru, wa
ta'lamu wa laa a'lamu, wa Anta Allaamul-Ghuyoobi,
Allaahumma in kunta ta'lamu anna haadh al-amra
(mention the thing to be decided) Khayrun lee fee
deenee wa ma'aashee wa aaqibati amree Faqdurhu

lee wa yassirhu lee thumma baarik lee feeh. Wa in kunta ta'lamu anna haadhal-amra sharrun! lee fee deenee wa ma'aashee wa aaqibati amree Fasrifhu annee wasrifnee anhu waqdur liyal-khayra -haythu kaana thumma ardinee bih.

“O Allah, I beg guidance from Your knowledge, and power from Your might and I beg for Your great blessings. You are capable and I am not. You know and I don't and you know the unseen. O Allah, if You know that this -matter (mention your need here) is good for my religion and my livelihood and in my Hereafter, make the decision for me and make it easy for me to get it, and then bless me in it. If You know that this job (or deed) is harmful to me, in my religion and in this life and in the Hereafter then keep it away from me and let me be away from it. Ordain for me whatever is good for me, and make me satisfied with it.”
(Bukhari)

If you have to decide instantly then read the following supplication, wait for a few seconds and whatever Allah puts in your mind, act accordingly :

اللَّهُمَّ خِرْلِي وَاخْتَرْلِي وَلَا تَكِلْنِي إِلَىٰ اخْتِيَارِي

Allaahumma-khir lee wakhtar lee walaa takilnee ilaa ikhtiyaaree.

“O my Lord, make it (my decision) better, decide for me and do not put me in my authority.”

(experienced byscholars of Islam)

Du'a To die as a Muslim

الدعاء للموت على الاسلام

[7:126] رَبَّنَا أَفْرِغْ عَلَيْنَا صَبْرًا وَتَوَفَّنَا مُسْلِمِينَ

Rabbanaa afrigh aliynaa sabranw- watawaffanaa muslimmeen.

“...Our Lord! Give to us patience and cause usto die as Muslims.”

ادعية من القرآن الكريم Qur'anic Supplications

على الاسلام دائما To always remain a Muslim

رَبَّنَا وَاجْعَلْنَا مُسْلِمِينَ لَكَ وَمِنْ ذُرِّيَّتِنَا أُمَّةً مُسْلِمَةً لَكَ

وَأَرِنَا مَنَاسِكَنَا وَتُبْ عَلَيْنَا إِنَّكَ أَنْتَ التَّوَّابُ الرَّحِيمُ

Rab-banaa waj alnaa Muslimayni Laka wa min Dhurriyyaatinaa ummatanm muslimatanl-laka wa arinaa manaa sikanaa wa tub alynaa innaka Antat-Taw- waabur-Raheem.

“Our Lord! And make us Muslims (submissive to You) and of our offspring a Muslim nation (submissive to You), and show us our Manasik (ceremonies of pilgrimage), and accept our repentance. Truly You are Most Forgiving, Most Merciful.” [2:128]

رجاء قبول الاعمال For acceptance of good deeds

رَبَّنَا تَقَبَّلْ مِنَّا إِنَّكَ أَنْتَ السَّمِيعُ الْعَلِيمُ

Rabbanaa taqabbal minnaa innaka antas- sameeulaleem.

“...Our Lord! Accept (this service) from us. Verily, You are the All-Hearer, the All-Knower.” [2:127]

The Best Supplication of the Prophet

اكثر دعاء النبي ﷺ للدنيا والآخره

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ

Rabbanaa aatinaa fiddunyaa hasanatanw-wafil aakhirati hasanatanw-wa qina adhaban-naar.

“...Our Lord! Give us in this world that which is good, and in the Hereafter that which is good, and save us from the torment of Fire.” [2:201]

For Patience and endurance الصبر و الثبات

رَبَّنَا أفرغْ عَلَيْنَا صَبْرًا وَ ثَبِّتْ أقدامَنَا وَ انصُرْنَا عَلَى الْقَوْمِ الْكافِرِينَ

Rabbanaa afrigh alaynaa sabranw wathab-bit
aqdaamanaa wansurnaa alalqawmil kaafreen.

“Our Lord! Bestow on us patience, make our foothold sure, and give us help against the disbelieving folk.” [2:250]

The most comprehensive Supplication

من اعظم الالاد عية الجامعة

رَبَّنَا لَا تُؤَاخِذْنَا إِنْ نَسِينَا أَوْ أَخْطَأْنَا ۗ رَبَّنَا وَلَا تَحْمِلْ عَلَيْنَا إصْرًا كَمَا
حَمَلْتَهُ عَلَى الَّذِينَ مِنْ قَبْلِنَا ۗ رَبَّنَا وَلَا تُحَمِّلْنَا مَا لَا طَاقَةَ لَنَا بِهِ ۗ وَاعْفُ
عَنَّا ۗ وَاعْفِرْ لَنَا ۗ وَارْحَمْنَا ۗ أَنْتَ مَوْلَانَا فَانصُرْنَا عَلَى الْقَوْمِ الْكافِرِينَ ﴿

Rabbanaa laa tu'aakhidnaa in naseenaa aw akhta'naa
Rabbanaa walaa tahmil alaynaa isran kamaa hamaltahu alal
ladheena min qabliinaa wa laa tuhammilnaa maa laa taaqata
lanaa bih. Wa'fu annaa waghfir lanaa warhamnaa Anta
Mawlaanaa fansurnaa alal-qawmil kaafreen.

“...Our Lord! Punish us not if we forget, or fall into error. Our Lord!
Lay not on us a burden like that which You laid on those before us.
Our Lord! Put not on us a burden greater than we have strength to
bear. Pardon us and grant us forgiveness. Have mercy on us. You
are our Protector, and give us victory over the disbelieving people.”
[2:286]

The Prophet (ﷺ) said: “Whoever recites the two verses [2:285-286]
at night, it will sufficient to protect him from misfortune.” (Bukhari)